

wh[^]t's
nOrMal?

NOGAP



Activityreport2021

~ NOGap continues its activities, meeting every Tuesday with a work that integrates operators and workers from the Lahuén Community and external staff;

~ From 63 registered members in 2020 we have become 118 members in 2021;

~ 6 new editions of the Magazine made with the boys have been published on our website;

~ 6 young people have started a professional internship.

~ Three new projects have been approved by the European Union: Green Health!, STOP!Words in progress, and Green Up your community.

2021 in pills





The workshop of 2021

L'Orizzonte

Also in 2021, the guys continued to experiment in the editing of the online Journal.

A bimonthly editorial office that allows the guys to follow the work while reconciling activities in the Community!

To date 12 guys are involved and there are 8 columns: music, I am because we are, sports, poetry corner, art, horoscope, the stories, fruit and freddura.

The newsletter is published on our website:
www.no-gap.org!



Chiave di SOŁUŁ

The music-experiential workshop that began in 2020 has continued in 2021 involving 30 guys.

Through choral and instrumental music, the guys learn about musical performance by putting themselves through in various training steps:

- the choice of musical repertoire
- the choice of roles within the choir
- the preparation of musical pieces
- the preparation of the performance

The workshop ended with a public performance at Monte Peglia on 22/08/2021 that also involved the family members of the participants!



The Time Bank workshops

English Course

The English course, divided into two groups diversified by level (Beginners and Intermediate), was held in November and December 2021. Sixteen young people participated in this course, where through reading, writing and listening exercises they were able to approach for the first time and in some cases go to deepen their knowledge of the English language.

OSA Course (Food worker)

Since September, the course "O. S. A." (Operator of the food sector). This course is aimed at providing skills about the compliance of the provisions of food legislation in the enterprise placed under its control. All operators involved in the production, processing and distribution of food products must be registered as O. S. A. At the end of this course the young participants were issued a certificate of participation confirming their competence.

The Time Bank workshops were made possible thanks to two moms who volunteered their valuable time for the guys!

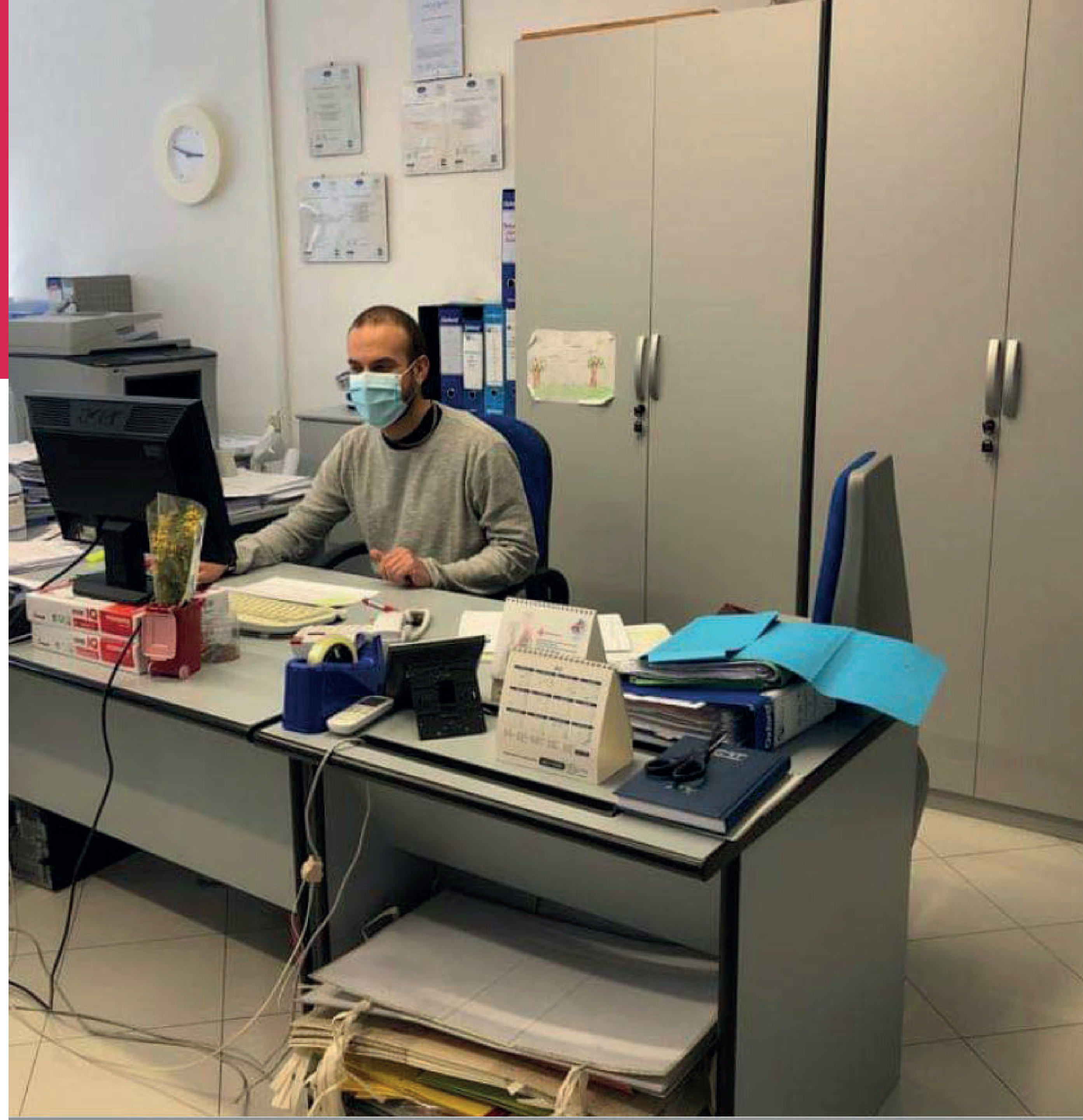
An instership for...

NOGAP, since its establishment, has interlaced and increased relationships with local companies and work realities, through which it has been able to activate and guarantee formative internships and work experience for young people at the end of the experience within the Lahuèn community. The duration of these internships within the local work realities varies from 4 to 6 months.

In 2021, 6 training internships were activated, supported by NOGAP. Thanks to local companies: COOPERATIVA SOCIALE LA PERLA, NANDO BAKERY, BAR AT "LO SCALO - COMMUNITY HUB," THE OASIS, BLUE ROSES PLANT AND FLOWER STORE, CONAD

While one of the guys started its internship within the same Nogap as the association's graphic designer

Two of these interships turned respectively into a part-time and a vocational training internship.



Experiential Marathons

The experiential marathon is a project aimed at the families of the guys staying at the Lahuèn community who, starting in November, divided into groups of 4 families at a time and were able to live an experience and a community journey along the lines of the path taken by the guys.

The marathons take place one weekend a month in which a maximum of 4 families participate

In 2021 8 families joined this experience.



Support service for the management of personal expenses

In 2021, NoGap began providing the guys in the Lahuèn Community with a support service in managing personal expenses. Kids, their families and support administrators can refer to NoGap's staff for information on their personal expenses and access their documentation. This facilitates the management of the expenses of each guy, in the most complete transparency and accounting correctness.





Radio Orvieto WEB

The workshop allowed young people from the community to learn live about the workings of a Radio. Its history, the concept of Free Radio starting from significant examples for the Italian context such as RADIO AUT and involving, in two workshop days at the Radio Orvieto Web in the Hub space of the Cooperative the Quadrifoglio, 30 young people.

The guys were also able to experience the radio recording and what it means to be a speaker!

ACT!

AGAINST
VIOLENCE
AND SEXUAL
EXPLOITATION

Funding: Program @Erasmus Plus, Key action KA2 Innovation and exchange of good practices cooperation Capacity Building in the field of youth



Projects 2021

The project, coordinated by **MOUVEMENT DU NID** Martinique : <https://mouvementdunid.org/mouvement-du-nid/delegations/martinique/> , involves the participation of associations involved in the fight against trafficking and sexual exploitation:

ELAN INTERCULTUREL (France): <https://elaninterculturel.com/>

COMISION UNIDOS VS TRATA (Mexico):

<https://comisionunidos.org/en/homepage-2>

MADRES VICTIMAS DE TRATA (Argentina):

<https://madresvictimastrata.wixsite.com/nuestraong>

WOMEN ACROSS DIFFERENCES (Guyana):

<https://www.facebook.com/WomenAcrossDifferences/>

BEECOM (Italy): <https://www.beecom.org/>

The associations involved are united by an abolitionist approach to the issue of prostitution, such as that which underlies the actions of the Mouvement du Nid and which led France, in 2016, to become the fourth European country that punishes clients, after Sweden, Norway and Iceland.

One of the goals of the project is to create a campaign to raise awareness of the issue, a complex and sensitive topic that intersects areas such as stigma, trauma, violence, the gender gap, fear of victims, trivialization by the media, economics and, of course, the dynamics of power.

BENEFICIARIES: 7 organizations, 17 operators representing the public and private sector and at least 21 guys

Upcoming dates for 2022: Argentina, Mexico and French Guiana.



The power of narratives in socio-emotional learning

Co-funding:
Programme @Erasmus Plus,
Key Action KA2
Cooperation partnerships in youth

The project, coordinated by the association **STORYTELLING CENTER** (HOLLAND): <https://storytelling-centre.nl/en/>,

is carried out in partnership with the associations:

MAKAO (Poland) : <https://outride.rs/en/about-us/>

D'ANTILLES ET D'AILLEURS (French Martinique) :

<https://www.dantillesetdailleurs.org>

LA XIXA TEATRE (Spain): <https://www.laxixateatre.org>

And it explores the potential of social-emotional learning as a response to Social Anxiety Disorder, one of the most common disorders among young people especially in adolescence and beyond, increasing among the general population because of the Social Distance imposed by the Covid19 pandemic.

In STOP! WORDS in PROGRESS we start from the power of storytelling to develop pathways and modules that, by crossing and integrating different sectors (Theater/Journalism and Music), make young people work on the 5 skills (Emotional Awareness, Self-regulation, Ability to make responsible decisions, Relational Skills, Social Awareness) which facilitated precisely in social-emotional learning.

BENEFICIARIES: at least 30 young people and 8 educators.

Unlocking skills through Healing Gardens



Co-funding: Programme @Erasmus Plus, Key Action KA2 Cooperation partnerships in adult education



The project, coordinated by the association **D'ANTILLES ET D'AILLEURS** (FRENCH MARTINIQUE): <https://www.dantillesetdailleurs.org>, is carried out in partnership with the associations: **INSPIRA** (PORTUGAL): <https://www.facebook.com/Inspiraj/> **INNOVATIONHIVE** (GREECE): <https://innovationhive.eu/> **Kinoniki Sineteristiki Epihirisi** (COB) (GREECE): <https://www.cob.gr/>

E and analyzes the potential of social agriculture in the rehabilitation of individuals in vulnerability by going into the aspects of a HEALING GARDEN. Thus, of a HEALING GARDEN or THERAPEUTIC KITCHEN specifically designed to meet the physical, psychological, social and spiritual needs of the people who use it, as well as their caregivers, family members and friends.

The purposes of the project are:

- ~ To increase the skills and tools of educators on rehabilitation and acquisition of skills of people (and specifically women) in vulnerable situations.
- ~ To facilitate the educators' understanding of the intersectionality between eco-approach/health/skills acquisition and therapy.
- ~ Enhancing tools and pathways that promote the learning and rehabilitation of people in vulnerable situations through social agriculture and gardening.
- ~ Contributing to EU awareness and dialogue on mental health, gender-based violence and social inclusion.

BENEFICIARIES: at least 32 boys and girls in vulnerable situations and at least 16 educators.



Community Gardens for the social inclusion of youth with Social Anxiety Disorder

Co-funding: Programme @Erasmus Plus, Key Action KA2
Small-scale partnerships in youth

The first project coordinated by **NOGap** is carried out in partnership with the associations:
INSPIRA (Portugal): <https://www.facebook.com/Inspiraj/>
LINARIA (Italy): <http://www.linariarete.org/wp/>
ELAN INTERCULTUREL (France): <https://elaninterculturel.com>

And it explores the potential of Community Gardens as spaces for inclusion. Specifically, the project aims to create a prototype Garden that takes in account the inclusion of vulnerable youth by combining the GREEN HEALTH project on therapeutic gardens and the STOP!WORDS in PROGRESS project that examines social anxiety disorder.

BENEFICIARIES: at least 12 educators/educators.



Our future perspectives



- ~ Being able to maintain the initiated workshops such as the Newspaper and the administrative desk
- ~ Starting the activities related to horticultural therapy and the sung story workshop supported by the funded projects, defining needs and common therapeutic goals
- ~ Submit at least two new project proposals
- ~ Enroll Nogap in RUNTS and initiate a 5x1000 campaign
- ~ Define with relevant authorities a possibility of autonomous mobility for the youth through public network or private means.



Our publication

We took part to a first publication
being part of Task Force 10 – migration to T20Italy:

<https://www.t20italy.org/2021/09/22/promoting-economic-and-social-inclusion-of-migrant-workers/>

Our social page

 @NoGap.org

Our website

<https://www.no-gap.org/>

