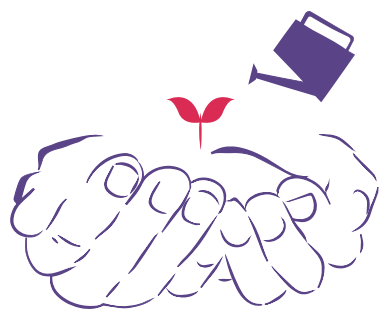


NOGAP
WHAT'S NORMAL?



Partner:



Co-funded by the
Erasmus+ Programme
of the European Union



**Unlocking skills through
Healing Gardens**

Where:

Italy, Portugal,
France, Greece

Duration:

24 months

Description:

The project analyzes the potential of social agriculture in the rehabilitation of subjects in a situation of vulnerability by leading to study in depth the aspects of a **HEALING GARDEN**, that is a **GARDEN** or **THERAPEUTIC VEGETABLE GARDEN** specifically designed to meet the physical, psychological, social and spiritual needs of the people using it.

Themes:

Hortotherapy, rehabilitative social agriculture

Target group:

- At least 16 professionals working with young people in the field of mental health;
- At least 17 between boys and girls

Achievements:

- Modules for educators and young people about therapeutic horticulture ;
- Booklet about assessment of professional figures;
- Interactive platform for the learning of therapeutic horticulture.

Activities:

- Four coordination meetings (Italy, Greece, Portugal, Martinique);
- Training for trainers in Italy about horticulture therapy, rehabilitation of the person, Big Five model of personality assessment;
- Training for trainers in Greece about creative design thinking/ therapeutic gardens/ Care activities;
- Training for trainers in Portugal about self production/ Circular Economy/ Gaming;
- Co-creation of a therapeutic garden;
- Development of a gaming space for learning therapeutic horticulture.



Co-funding:

Programme @Erasmus Plus,
Key Action KA2

Cooperation partnerships in adult education